

The Monthly Newsletter from the Berard Team



### **In This Issue**



- > Loading Out! | 8000 Ton Gulfstar Topside
- Ship's Ahoy! | Scow Barge Loadout
  Spotlight On Safety | Repetitive Motion Injuries



**Job Specs** 

Weight: 8,000 Tons

**Dimensions:** 

150' L x 94' W x 56' H

**Equipment Used:** 4 - 700 Ton Strand Jacks, 4 - Power Packs, 4 - Pull Anchors

One of many colossal achievements for the Berard Team! This massive 8000 ton Gulfstar topside was loaded out in Houma, Louisiana by the team using our Strand Jack System consisting of 4-700 ton strand jacks and anchors. The anchors were mounted to the topside and the jacks mounted on the barge which allowed for close monitoring from the command center to keep everything running smoothly. And smoothly it went and also in record time. Several comments were made about how fast the loadout went and how the team completed the loadout in half the time of our competitors. This is all due to proper planning and working together as a team to accomplish the task at hand with vigilance and a dedication to making this and every project a success story.







**Job Specs** 

Weight: 1340 Tons Each

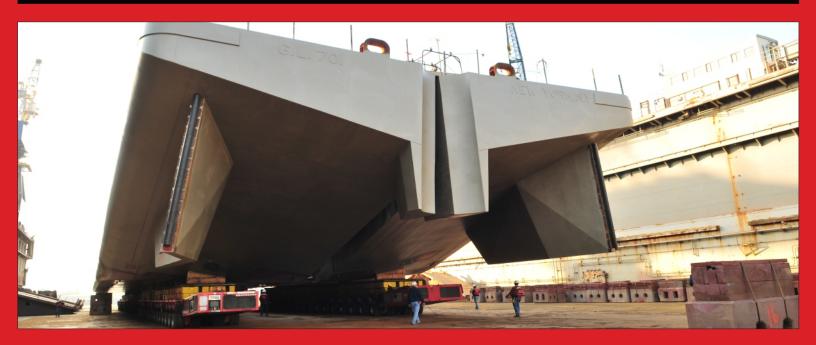
**Dimensions:** 

295' L x 65.5' W x 35.3' H

#### **Equipment Used:**

64 axlelines of SLE's, 4 power packs, crane mats and laminated mats, loading ramps and winch trucks

Double duty for the Berard Team with the loadout of two 1340 ton Scow barges in Mobile, Alabama. The team used sixty-four axle lines of SLE self propelled transporters to move the barges from the fabrication area to the client's drydock for launching. Scow barges are used for transporting bulk materials and it's split hull design allows for the barge to open up to dump it's contents. Common projects for these types of barges are dredging operations and others where large quantities of bulk material have to be transported. The Berard team carried out the project on time, on budget and safely.



Spotlight On Safety



## **Key's to Preventing Repetitive Motion Injury:**

Estimates suggest that repetitive motion injuries cost United States businesses over \$20 billion just in workers' compensation alone. Factor in the costs of employee replacement, productivity loss, and other related expenses, and we're talking upwards of another \$100 billion.

Business costs aside, Repetitive Motion Injuries (RMIs) are a heavy burden to the individual as well. RMIs are painful, costly to treat, and are often times permanent. Permanent injuries put a damper on an individual's ability to perform the jobs in which they have been trained, meaning there may be the additional stressor of finding work in a new field.

- > Operate equipment and tools according to manufacturer instructions.
- > Follow proper lifting techniques. Lift heavy objects slowly and smoothly, as jerky movements can cause muscle injuries.
- > For desk jobs, ensure your work station is adjusted to your needs. The top of your computer monitor should be at eye level in order to prevent you from having to bend your neck. When typing, your elbows should be at your sides, your feet flat on the floor and facing forward, and your wrists straight.
- > It's recommended you switch to tasks that use an entirely different muscle group on the hour. This will retain the momentum of work efficiency while allowing your muscles the opportunity to recover. If possible, employers should cross train and implement scheduled job rotations.

## > Birthdays @ Berard

# Happy Birthday!

**From The Berard Team** 

Berard sends our best Happy Birthday wishes to these dedicated Team Members this month:

- Andrea Armenakis
- Kevin Bienvenu
- > Ray Breaux
- Dylan Prados
- Dustin Ronsonet
- > Sloane Simoneaux